

Southend-on-Sea's Older People Strategy 2015 – 2018  
Appendix 1: Glossary

Accident and Emergency	A medical treatment facility providing health support in an emergency.
Better Care Fund	Money pooled from both local authority and the NHS.
Carer	Somebody who provides support or who looks after a family member, partner or friend who needs help because of physical or mental illness or disability.
CHC (Continuing Healthcare)	A package of care that is arranged and funded solely by the NHS for individuals who are not in hospital and have been assessed as having ongoing health needs.
Commissioning	The process of deciding what services or products are needed, acquiring them and ensuring that they meet requirements.
Dementia	A syndrome (a group of related symptoms) associated with an ongoing decline of the brain and its abilities.
Demographic	Related to the structure of a population.
Deprivation	Unmet need caused by a lack of resources of all kinds.
Extra Care	Self-contained homes with design features and support services available to enable self-care and independent living for those requiring higher levels of care than supported living schemes.
GP (General Practitioner)	A doctor who looks after the health of people in their local community.
Health and social care market	The inter-relationship between those providing and those using health and social care.
Health and Wellbeing Board	A group for key leaders from the health and care systems to work together to improve the health and wellbeing of their local population and reduce inequalities.
Integration Pioneer	A Government awarded status for health and social care system that are designing new ways of delivering coordinated care.
Joint Strategic Needs Assessment	An assessment of the health needs of a local population.
NHS England	The public body that oversees the budget, planning, delivery and day-to-day operation of the commissioning (purchasing) part of the NHS.

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Personalisation	An approach whereby people have greater choice and control over their support.
Pharmacist	An expert in medicines and their use.
Planned care	Services and treatments not carried out in an emergency.
Prescribing	Authorisation of a medicine or treatment by a healthcare professional.
Public Health	The Department within Southend Council concerned with changing and preventing harmful behaviours to improve wellbeing.
Quality, Innovation, Productivity and Prevention programme (QIPP)	A programme of improvements within the NHS.
Residential care	Support provided in a residential setting rather than in someone's own home.
Safeguarding	Protecting a vulnerable person's health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect
SBC (Southend-on-Sea Borough Council)	The local authority with responsibility for the borough of Southend-on-Sea.
SCCG (Southend Clinical Commissioning Group)	A CCG is a group of GPs and clinicians which commissions (buys) health services for their local communities.
Southend's health and social care system	All of the local organisations dedicated to keeping people well.
Specialised Support	High-level health and social care support.
Supported Living	Self-contained homes with design features and support services available to enable self-care and independent living.
Targeted Support	Services that meet low-level health and social care support needs.
Universal Support	Support available to everyone in Southend.
Unplanned care	Services and treatments carried out in an emergency.