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Southend-on-Sea Borough Council

Legal & Democratic Services

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05 October 2021

Dear Councillor

PEOPLE SCRUTINY COMMITTEE - TUESDAY, 5TH OCTOBER, 2021

Please find enclosed, for consideration at the next meeting of the People Scrutiny Committee taking place on Tuesday, 5th October, 2021, the following report(s) that were unavailable when the agenda was printed.

Agenda No Item

3. **Questions from Members of the Public (Pages 1 - 2)**

S. Tautz
Principal Democratic Services Officer

PEOPLE SCRUTINY COMMITTEE

5 OCTOBER 2021

QUESTIONS FROM MEMBERS OF THE PUBLIC

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(1) Question from David Webb to the Cabinet Member for Children and Learning

How many passed 11 plus in 2018,2019, 2020 but from each year how many was passed from Southend?

Thank you for your question Mr Webb. The administration and outcomes of the 11+ tests are conducted by the Consortium of Selective Schools in Essex (CSSE), and we are reliant upon them for information. We do not hold data as to the number of pupils who have passed the 11+ overall versus the number of these pupils who are resident in Southend.

However, as a result of the Council's drive to encourage more Southend residents to apply for, sit, pass and attend one of our four Grammar Schools, we do collect data and track trends on the number of students in Southend who have taken and passed the 11+ over the last few years. In 2017, 1296 Southend postcode pupils took the test, with 452 meeting the pass mark (34%); in 2018, 1409 took the test with 507 passing (36%); and in 2019, 1344 took the test with 505 passing (38%).

We have not yet received the 2020 data from the CSSE.

(2) Question from David Webb to the Cabinet Member for Communities and Housing

Type 2 diabetes is far more common than type 1. There are 3.9 million people living with diabetes in the UK. This figure has doubled since 1996, when there was 1.4 million. If current trends persist one in five people will develop Type 2 Diabetes. What is the council doing to prevent diabetes with practice and not many practices have dietary nurse advice or diabetic nurse which could solve this?

Thank you for your question Mr Webb. Diabetes care is at the forefront of preventative initiatives in Mid and South Essex, this is clearly evidenced through the success of our NHS Diabetes Prevention Programme (NDPP) which is commended by NHS England as having the best in-region performance.

NDPP provides tailored and personalised support to reduce to the risk of Type 2 diabetes and includes education on healthy eating and lifestyle, help to lose weight and physical exercise programmes, all of which together have been proven to reduce the risk of developing the disease. The nine-month NDPP programme is free to all at risk of Type 2 diabetes and is available to residents aged 18 and over who are registered with a GP practice and have high glucose levels. The programme can be accessed via a healthcare professional, link workers (social prescribing) or self-referral.

The programme includes an initial one-to-one assessment with a Health and Wellbeing Coach followed by group sessions on various topics, including nutrition guidance and support, physical activity advice and individual strategies and tools to empower long term progress. The programme culminates in a one-to-one review with a Health and Wellbeing Coach to celebrate achievements and support setting post-programme goals.

Individuals can find out if they are at risk of developing Type2 diabetes by:

- Answering a few questions on the 'Know Your Risk' tool.
- Taking up the offer of a free NHS Health Check (ages 40-74).
- Asking a GP or Practice Nurse to check their risk.

The Mid and South Essex Diabetes Programme Board, which is chaired by Tricia D'Orsi as the Diabetes Senior Responsible Officer, is leading on a dedicated programme of improvement initiatives, supported by dedicated programme management resource and endorsed by NHS England. Training is embedded throughout the improvement programme with specialist training aimed at GPs, nurses and pharmacists for Type 2 Diabetes taking place in November and additional training in basic diabetes care taking place in October 2021.