SOUTHEND-ON-SEA BOROUGH COUNCIL

Meeting of Health & Wellbeing Board

Date: Wednesday, 12th June, 2019
Place: Darwin Room - Tickfield

Present: Dr J Garcia-Lobera (Vice-Chair in the Chair)

Councillors M. Davidson, A. Jones, I Gilbert, C. Mulroney and *M

Flewitt

S. Leftley, A. Khaldi, K. Ramkhelawon, S. Waterhouse, J. Broadbent,

D. Townsend, S. William, J. Gardner,

*Substitute in accordance with Council Procedure Rule 31.

In Attendance: Councillor L. Salter (observer – People Scrutiny Committee Chair)

R Harris, N Faint and S Baker, S. D Ford, L. Watson,

Start/End Time: 5.00 - 6.25 pm

59 Apologies for Absence

Apologies for absence were received from Councillor Harp (no substitute), Councillor Walker (substitute: Cllr Flewitt), E. Chidgey; Y. Blucher, T. Huff, Dr, K Chaturvedi, S. Morris, A. Griffin and S. Dolling.

60 Declarations of Interest

Dr J. G. Lobera – Minute 65 (Primary Care Networks) – non-pecuniary interest – will be involved in some of the work around Primary Care Networks.

61 Questions from the Public

There were no questions from the public.

62 Minutes of the Meeting held on Wednesday 20th March 2019

Resolved:-

That the Minutes of the Meeting held on Wednesday 20th March 2019, be confirmed as a correct record and signed.

Southend-on-Sea, Essex and Thurrock Suicide Prevention Strategy-Progress Update

The Board considered a report of the Director of Public Health presenting an update on the Southend-on-Sea, Essex and Thurrock (SET) Suicide Prevention Strategy 2017.

The Board noted that the report would be submitted to the next meetings of the Essex and Thurrock Health and Wellbeing Board's.

The Board asked a number of questions which were responded to by officers. The Board also made the following comments:

- It was a comprehensive strategy;
- Auditing of delivery of Option 2 needs to take place (this will be driven through the Suicide Prevention Partnership Steering Group);
- Toolkits and delivery in schools essential two toolkits developed around self-harm and suicide prevention across the safeguarding arena – will be released to schools in September supported through healthy schools – toolkits have been designed to be flexible for use in any educational setting;
- Need to consider how embed in foster care training will be raised at the Children's and Emotional Wellbeing Board;
- Ensure links in with the Youth Council's Mental Health 1757 Voices Charter;
- Challenges for the HWB alcohol is a key driver and will need to look at focused activity in this area (The Harm Reduction Strategy was referred to which will be presented to the next meeting of the Board);
- Need to address the wider determinants of suicide, e.g. access to opportunities to commit suicide;
- It was noted that the JSNA Steering Group update should have been a standing item on the agenda. This will now be included and the revised terms of reference will be circulated for the next meeting of the Board.
- Some work to do around primary care and with GPs on suicide prevention, i.e. spotting the signs;
- Recognise that social media has an impact;

Resolved:

- 1. That the SET Suicide Prevention Strategy 2019 update, be noted.
- 2. That the (draft) SET Suicide Prevention Steering Group Board Terms of Reference be endorsed and that the Steering Board be authorised to have decision making responsibility on behalf of the Health and Wellbeing Board, as appropriate.
- 3. That suicide prevention training and bereavement by suicide support be priority actions for development on a SET footprint.
- 4. That Option 2, as detailed in Section 5 of the report, be the preferred mechanism for implementing suicide preventing training.

64 Southend Physical Activity Strategy 2016-2021- Progress Update

The Board considered a report of the Deputy Chief Executive (People) providing a review and update on the progress to date with the implementation of the Southend-on-Sea Physical Activity Strategy 2016-2021 refreshed action plan.

The Board discussed the report and made the following comments:

- Encouraging progress to date people continue to be engaged in the programmes and successful in removing some of the barriers to access physical activity;
- Need to continue to build on the progress and successes;
- Welcomed the approach to be more community-led;
- The role of Councillors, Board members, etc to champion in their respective communities;
- The opportunities available through various other strategies, etc, e.g. the Local Plan;

Resolved:

That the progress and update on the Southend Physical Activity Strategy 2016-2021, including its successes, challenges and future opportunities, be noted.

65 Primary Care Networks

The Board received a verbal update covering the progress with the development of Primary Care Networks. The following information was presented:

- PCNs should go live from July 2019;
- All GPs are part of the networks;
- PCNs are based around population of 30,000-50,000;
- Southend ahead of other areas in developing / implementing PCNs;
- PCNs will build resilience within primary care enabling work at a wide scale while retaining locality;
- Each network will provided extended hours;
- Networks will provide greater integrated working;
- Will be 10 new clinical directors consideration being given to how they will be represented on the Board and in other areas of activity;
- Collaborative approach across the 3 Health and Wellbeing Boards (Southend, Essex and Thurrock) through the Population Health Management Programme.

The Board made the following comments:

- Positive approach aligning with localities key to successful provision of health and care within primary care in communities;
- Need to be flexible each network will have different needs and requirements;
- Need to consider how the networks will align with Southend 2050 and South Essex 2050 and what the opportunities are to build on these and other relationships;
- Wider than GP practices need to build resilience across the whole primary care system;
- Key message that the networks will improve the provision of care and wellbeing, as defined in the Primary Care Strategy in their respective areas;
- Healthwatch nationally carried out piece of work around citizens understanding of primary care networks – results / outcomes from the surveys are currently being assessed and would be provided to the next meeting of the Board;

Resolved:

- 1. That the update and progress on the development of the Primary Care Networks, be noted.
- 2. That a further progress/update on the primary care networks be presented to the next meeting of the Board.
- 3. That the outcomes from the survey carried out by Healthwatch relating to citizens understanding of primary care networks, be presented to the next meeting of the Board.

66 A Better Start Southend Update

The Board considered a joint report of the Chair and Director of A Better Start Southend providing an update on key developments since the last meeting of the Health & Wellbeing Board.

The Board discussed the report and made the following comments:

- Commended the current position with the programme in good shape;
- Need to start to see the impact and outcomes what is working and how it can be replicated across the borough;
- Connectivity with all parts of the NHS has significantly improved.

Resolved:

That the report be noted.

67 Date and time of future meetings

The meeting scheduled for Wednesday 4th September 2019 will be rearranged and will take place towards the end of September / beginning of October 2019.