



**Agenda
Item No.**

Meeting: Health and Wellbeing Board
Date: October 2024
Classification: Part 1
Key Decision: No
Title of Report: LeDeR Annual Report 2023-24

Executive Director: Michael Marks, on behalf of the Director of Public Health
Report Author: Andrew Graham (andrew.graham@essex.gov.uk)
Executive Councillor: Cllr M Sadza

1 Purpose of Report

- 1.1 To inform the Health and Wellbeing Board of the Southend, Essex and Thurrock (SET) Learning From Lives and Deaths (LeDeR) Annual Report 2023/24.
- 1.2 To note the SET LeDeR 3 Year Deliverable Plan 2024 - 2027 which demonstrates the commitment from all agencies to implementing LeDeR recommendations.

2 Recommendations

- 2.1 To note the SET LeDeR Annual Report 23/24 report and associated documents.
- 2.2 All Providers to please make provision for Significant Risk training.
- 2.3 Primary Care to please help increase uptake of Learning Disability Annual Health Checks.
- 2.4 Help Improve attendance at the SET LeDeR Steering Group so we can better roll out best practice.

3 Background and Proposal

- 3.1 On 1st April 2023 when the reporting period started the SET LeDeR programme reviewed all deaths of people aged four and over with a Learning Disability and / or Autistic people whose deaths are notified and seeks to identify improvements to health and social care which could prevent premature deaths and deliver equity of access to services, so that people now alive with learning disability and/ or autism can live long and good quality lives.

- 3.2 From July 2023 LeDeR is now an adults only programme as the Child Death Overview Panel who already review child deaths cover the deaths of children with a Learning Disability and / or Autistic children. This decision was taken at a national level.
- 3.3 Between 1st April 2023 to 31st March 2024 (the 2023/24 reporting period) 120 people with a Learning Disability and / or Autism died. The median average age at death for adults across SET in 2023/24 was 59.3. This is a slight increase on the average age of death in the 2022/23 report, which we are monitoring. The average age of death in Southend is 66. This is higher than the SET average and based on 20 notifications out of the 120 total notifications for SET.
- 3.4 The median average age at death of the general public is estimated to be over 80 years of age in Great Britain. This highlights the median average age at death in the SET LeDeR Annual Report 23/24 is significantly lower in comparison. The gap between the LeDeR Annual Report median average age at death and the general public average at death is still very concerning and this could be an indication that health inequalities are still continuing to have an impact on life expectancy of people with a Learning Disability.
- 3.5 The increase in the median average age of death noted in this year's LeDeR annual report may be as a result of moving away from the impact of Covid-19 on our notifications and across health provision, as services "catch up" and adapt to new ways of working. In reviewing our notifications we found we had significantly more men dying than women without there being an evidence-based reason we can give for this. We will keep this under review in the 2024/25 Annual Report.
- 3.6 The SET LeDeR programme is committed to maintaining good performance in the Key Performance Indicators. The programme is also in compliance with the revised LeDeR policy in terms of team structure and approach. Since January 2023 we have shared a Senior Reviewer with Suffolk to achieve efficiencies and share learning.
- 3.7 Themes arising from recommendations in the 23/24 report confirms findings from previous years and highlights additional items to explore. These recommendations are either already being explored by existing workstreams or will be actioned this financial year.
- 3.8 Pneumonia and aspiration pneumonia remains the main direct causes of death for people with learning disability in SET. This is not the same for the rest of the population.
- 3.9 One of the main areas of integration and progress in 23/24 continues to be early aging and frailty in people with learning disability. Some additional progress has been the first Aspiration Pneumonia Conference of its kind in East of England led by Essex County Council's Provider Quality and Innovation Team which was open to providers in Southend-On-Sea.

- 3.10 We are also seeing more positive practice in the LeDeR Reviews in this year's report with just over half of LeDeR Reviews having positive practice noted. A common positive practice found on reviews is the great work of the Learning Disability and Autism Liaison Nurses and a successful audit by a GP Practice in Southend-On-Sea which identified additional people with a Learning Disability who have since been offered support and an annual health check.
- 3.11 The SET LeDeR 3 Year Deliverable Plan 2024 - 2027 should be noted as all organisations will need to drive implementation. This plan is monitored by the SET LeDeR Steering Group and updates will be given on the progress of the plan in future LeDeR annual reports.
- 3.12 Within the report 14 key recommendations were made based on the themes identified. These recommendations for this year that will be in a LeDeR Action Plan that will run alongside the 3 Year Deliverable Plan. The recommendations included raising wider awareness of LeDeR, reasonable adjustments use, targeted work on respiratory conditions, plans for ageing, bereavement support in community, good practice on key documentation, awareness of genetic as well as long term conditions, Sepsis, representation on steering group as well as quality panels and Significant Risk training.

4 Options

There are no options associated with this report.

5 Issues for consideration

There are no legal issues for consideration.

5.1 Financial implications

There are no financial implications associated with this report.

5.2 Legal implications

There are no legal implications associated with this report.

6 Equality and Diversity implications

6.1 It is important to note the work of the Southend, Essex and Thurrock Learning Disability and Autism Health Equality Team and in particular the LeDeR Programme is designed to positively impact people with Learning Disabilities and / or Autism by:

- Identifying and reducing health inequalities and promoting access to healthcare as well as appropriate support.
- Being mindful of how those with protected characteristics may experience care and support differently throughout their lives as well as deaths and capturing learning.

- Working towards closing the gap between the life expectancy of those with Learning Disabilities and / or Autistic people in comparison to the general population.

7 List of appendices

7.1 SET LeDeR Annual Report 2023/24.



SET LeDeR Annual
Report 23_24 V2.pdf

7.2 SET LeDeR Annual Report 2023/24 Executive Summary.



SET LeDeR Annual
Report 23_24 Executiv

8 List of Background papers

8.1 Southend-On-Sea Health and Wellbeing Board SET LeDeR Annual Report Summary Slides 23/24.



SoSHWB 23_24 SET
LeDeR Annual Report

8.2 SET LeDeR Annual Report Southend Data Insights.



SET LeDeR Annual
Report 23-24 Souther

8.3 SET LeDeR 3 Year Deliverable Plan 2024 – 2027.



SET 3 Year LeDeR
Deliverable Plan 2024

8.4 SET LeDeR 3 Year Deliverable Plan 2024 – 2027 Easy Read.



SET LeDeR 3 Year
Deliverable Plan - Eas