



Mid and South Essex  
Integrated Care  
System



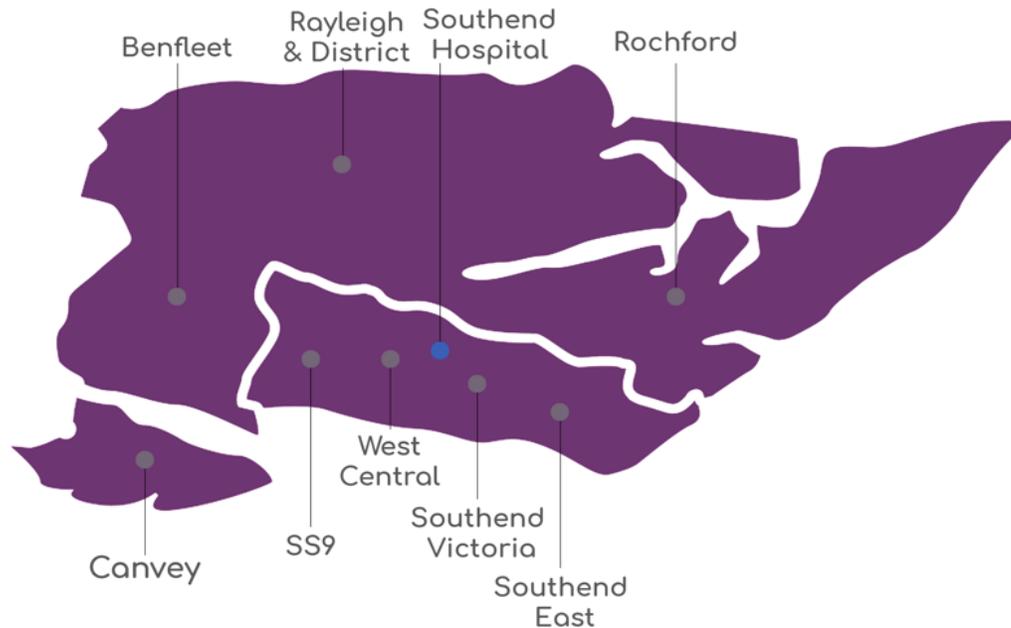
Mid and South Essex

# Developing a South East Essex Alliance Plan

# The South East Essex Alliance

## South East Essex

Combined population c370,000



### Our population

18% aged 0-15



12% live alone



60% aged 16-64



9% claim universal credit



22% aged 65+



98.4% are in employment



# What challenges do we face in South East Essex?

5,402 dwellings have an **energy performance** certificate rating of D or below

9,298 adults (3.2%) are at higher risk of **alcohol related health** problems

The deaths of 5,068 people were attributable to **socioeconomic inequality** between 2003 and 2018. Over 3,000 of these were in Southend

**Obesity in children** at year 6:  
36% - Castle Point  
33% - Southend  
31% - Rochford

39,568 adults (18%) have a **mental health** problem

37,000 **unpaid carers**

**Adult (18+) obesity:**  
70% - Castle Point  
69% - Southend  
67% - Rochford

58,818 (15%) of people live in the **20% most deprived** areas in England

6,872 adults (2.3%) are **dependent on drugs**

1,440 people are **homeless**

# What is the need?

We need to submit an Alliance Plan to the Integrated Care Board by the end of the year (date to be confirmed by the ICB).

We want to ensure that the Alliance Plan is collaborative of all Alliance organisation strategies & the three Health & Wellbeing Board Strategies.

Joint Strategic Needs  
Assessments (JSNAs)

Population Health Management  
(PHM) Data

# What do Alliance organisations need to do together for the plan?

We need to review existing strategies for alignment across the Alliance organisations

We need to review need against existing work by undertaking a gap analysis

# Local work already underway

## Alliance Priorities

**Health Inequalities**

**Living & Dying Well**

**Alliance Development**

**Resident Flow**

Including Urgent & Emergency Care & Better Care Fund

**Estates**

Including Shoebury Health & Wellbeing Hub & possible development in Castle Point

**Primary Care Development**

## Focused Alliance Projects

Older people staying in acute settings for longer than needed - understanding flow

Falls prevention and peer outcomes long term for those who experience a fall

Support to children, young people and their families/cares whilst they wait for a specialist mental health placement

Addressing wider family dynamics that influence overall wellbeing - social prescribing for families

Ensuring the priorities of our members and communities are reflected in the ICS strategy in April 2023

## Project Champion

Simon Griffiths

Yvonne Blucher

Michael Marks

Janis Gibson

TBC

# Our ask to the Health & Wellbeing Board

Access to the data that underpins the Health & Wellbeing Strategies

Access to the data that underpins the JSNA

Input from you into the Alliance Plan